



## **Form**

### **Kwang-Gye**

## **Combos**

- 1. Step in hook kick- same leg roundhouse kick**
- 2. Step forward- jab- cross- hook- uppercut**
- 3. Fake front kick- change to roundhouse kick- back fist- reverse punch**
- 4. Front kick- back fist- reverse stance- hammer fist**

## **Kicks**

- 1. Jump Spin Back Kick**
- 2. Jump Spin OutsideIn Crescent Kick (Tornado Kick)**
- 3. Jump Spin Inside-Out Crescent Kick**
- 4. Jump Spin Roundhouse Kick**

## **Creative Board Breaking**

## **Creative Form**